Hello from all of us at Veterans Upward Bound.

Happy Fall: my favorite time of year. Schools are starting fall term all over the Treasure Valley, and that means many veterans are starting their journey through school and into new careers. That is very exciting! We are so thankful for the support from so many colleges. Offering us space in their institutions allows us to offer our services throughout the Treasure Valley. That makes it much more convenient for veterans taking our classes and receiving our other services.

We are very happy to announce that we have received a new 5 year grant for our program from the U.S. Department of Education. It is very exciting that we will be available to serve veterans for several more years. We have all of you to thank for the grant application being successful. Our community support was recognized by the reviewers, and a big part of the application being approved. So, a big Thank You from all of us!

We continue to look for ways to better serve veterans in our area as they prepare to return to school or training. We expanded our services to TVCC Caldwell campus to better serve the TVCC Aviation programs.

The area schools continue to expand and enhance their services to veterans in the Treasure Valley. If you know a veteran in Eastern Idaho, let them know that ISU in Pocatello has been awarded a 5 year grant (2017-2022) to start a new Veterans Upward Bound program. That program will start soon. So, let veterans living in their area know that they now will have a Veterans Upward Bound program available to serve them.

We are passionate about education and how it can make a difference in the lives of veterans. Our services are free to veterans throughout the Treasure Valley. Thank you for your support and for all you do for veterans in our area. From all of us: Have a wonderful, safe, and joyful Holiday season.

Mark Heilman, MSW
Project Director
Veterans Upward Bound
Classes Offered at VUB

• Writing 100
• Computers 100
• Science
• Math 100
• Math 225
• Intro to Blackboard

• Spanish 100
• ALEKS (online) - Math at your specific level and time frame

For times, dates, and locations, please contact us at: (208) 426-3632

Vet’s Corner - Places to Go and People to Meet...

CONGRATULATIONS TO LESA-BOLTS-KRICK

In 2015, Lesa Bolts-Krick moved to Boise to take advantage of the many educational opportunities offered by Boise State University. She was extremely nervous and uncertain about returning to college after an 18 year break. According to Lesa, “The best thing that happened was when my advisor sent me over to Veterans Upward Bound. I found a family in VUB!” Through Veterans Upward Bound, Lisa enrolled in classes designed to remediate her basic skills, learned about scholarships, and was able to network and develop friendships with other veterans and VUB staff.

Lesa, a non-traditional student veteran, completed a 24 year career in the U. S. Navy, joining shortly after high school graduation. She was one of the 1% assigned to a ship, a new option for females in the 1980’s. She completed tours in the Mediterranean, Indian Ocean, North Atlantic, and Gitmo all in just four years! She decided to complete the rest of her service as a reservist, working 20 years in a cargo handling battalion which included one mobilization in 2007 during Iraqi Freedom.

Currently, Lesa is completing a Bachelor of Applied Science with a minor in Gerontology. She is working at St. Luke’s as a Physical Therapist Assistant and plans to continue her training towards a Doctorate in Physical Therapy, specializing in aging and wellness.

Lesa will be among the many graduates receiving their degree here at Boise State University on December 16, 2017. We are so proud of her and the many graduates of Veterans Upward Bound.
New Happenings at Veterans Upward Bound

The Great American Total Solar Eclipse: Equipped with our Solar Eclipse glasses, we ventured to the quad area to be part of the viewing party. We watched the sun disappear behind the moon as the solar eclipse presented itself at 11:29 a.m. It was an event to remember for sure. Now that we are finished using our glasses, we will donate them to Astronomers Without Boarders, a California-based organization, who will collect the glasses and donate them to schools in South America and Asia so that children in these areas can protect their eyes when the eclipses cross those continents in 2019. For more information go to: https://astronomerswithoutborders.org/

Frances Knight continues to bring her 20+ years of experience in teaching and academic advising. As Education Coordinator, she helps VUB students with placement in coursework needed to become college ready. She also assists students with applications for federal student aid (FAFSA), college admissions, career planning, and class registration. She also offers a Blackboard Readiness course. She is excited to be part of the VUB team and to “give back a small portion of what our veterans have given to me.” Frances plans to offer college readiness and writing workshops throughout the year.

New student instructor, Megan Sheets, is teaching math classes for VUB at the Boise location and is also a junior at BSU, pursuing a Mechanical Engineering degree. Megan is from the Lake Tahoe area, and we are thrilled that she is with us. She is currently teaching three sections of math readiness courses: Basic, Pre-Algebra, and Algebra.

Seth Rosquist (Rosey) continues to teach math classes and is in his 2nd year as the primary teacher at the TVCC Caldwell Center site. His background includes 10 years of tutoring math at the college level and has completed an AA degree with a mathematics emphasis. He also administrates and operates the Virtual Math Lab for TVCC. Rosey is currently teaching three sections of math readiness courses.

Margaret Norris continues to teach math classes at the Boise location and is in her 8th year here at Veterans Upward Bound. Her background in Math and Engineering is a constant resource for students and new staff. She believes the most exciting part of her job is, “Empowering students to see that they can really do math.” Margaret teaches all four levels of math readiness coursework.

Anita Lasher, Administrative Assistant, is in her 6th year at Veterans Upward Bound. She is a resource for students, staff, and anyone who walks through the door. Her history of VUB’s processes keeps the program running smoothly. She currently teaches a Computer Skills class and also tutors Spanish, when requested. Anita finished her studies at Boise State this past December and earned her Bachelor’s degree in Multidisciplinary Studies with a minor in Spanish.

New instructor, Robert Keenan, is teaching math classes for VUB at the CWI location, is a veteran of the United States Army, and is also a Wespoint graduate. He’s been teaching Math adjunct for CWI and TVCC for 15 plus years.

Mark Heilman, MSW, Project Director for Veterans Upward Bound, is in his 9th year as Director for Veterans Upward Bound. Mark is a veteran of the United States Army, a Boise State graduate, and a Social Worker who brings a vast knowledge of the VA system and all of its resources to our program.
NEW Classes are being formed and scheduled to begin in November. Contact Anita Lasher if you are interested in taking a class or simply need more information.

3 Simple Steps to Becoming a VUB Student:
- Meet with Mark Heilman (VUB Director)
- Take VUB placement assessments
- Meet with Frances Knight (Education Coordinator) to discuss academic goals, assessments, and to create a plan for post-secondary study

PAVE - Peer Advisors for Veteran Education (PAVE) Connect with your fellow veteran students. PAVE brings new student veterans together with current student veterans to help them navigate college life and provide ongoing support for academic and personal ventures. Visit or Call Veterans Services for more information regarding PAVE. 208-426-3744.

Featuring Lori Sprague, Coordinator of Veteran Services

After serving four and a half years in the Air Force as a Fuel Systems Journeyman, Lori Sprague, Boise State’s Coordinator of Veteran Services, started her education at Boise State University. In 2010, Lori began working as a VA work-study with R.K. Williams, helping veterans with their education benefits. While attending school, life started to get in the way, and she had to take an academic break to pursue fulltime employment in the Registrar’s Office at Boise State. Gaining knowledge of evaluating transcripts while still helping Veteran Services behind the scenes when RK was out of town, she found her passion. Switching positions to the Veteran Services office, she started to help take over every day operations and modernize the process for veterans claiming benefits each semester.

R.K. retired in 2015, and Lori assumed the responsibilities of running the Veterans Services Office. With a great framework in place, more programs came into play because Lori wanted more for the incoming veterans than her own educational experience had provided.

In addition to her Coordinator role, Lori teaches the ACAD 101 (College Success class for student veterans). In this course, students learn how to successfully transition into college as well as how to foster relationships in the classroom.

Stop in and meet Lori and her staff. Play a game of pool or sit and visit in the veteran’s lounge area. You may quickly find that Boise State University could be your next step in choosing a new direction. For more information regarding Veteran Services, please visit: https://veterans.boisestate.edu/

“Like” our new Facebook page at Veterans Upward Bound, Boise State University.
This and That Over the Year!

Home to Boise State’s Homecoming Winner for 2016. Go VUB!

Join Us For Lunch on Bluegrass Fridays.

Fun With the Pythagorean Theorem and More.....

Math 225 With Margaret and Her Students of VUB!
IMPORTANT DATES!

Boise State University

November 10, 2017 - Veterans Day Observed
November 20-24, 2017 - Thanksgiving Observed
Dec. 16- Fall Commencement
Dec. 11 to Jan. 5 - Winter Break (No classes)
Jan. 8, 2018 - Courses Begin
Jan. 15, 2018 - Dr. Martin Luther King Jr. Day (No classes)
Feb. 19, 2018 - President's Day (No classes)
March 26 - 30, 2018 - Spring Break (No classes)
April 30, - May 4, 2018 - Finals
May 5, 2018 - Spring Commencement

College of Western Idaho

November 10, 2017 - Veterans Day Observed
November 20-24, 2017 - Thanksgiving Observed
December 11- 16, 2017 - Final Exams
Dec. 25 - Jan. 12, 2018- Winter Break (No classes)
Jan. 15, 2018 - Dr. Martin Luther King Jr. Day (No classes)
Jan. 16, 2018 - Courses Begin
Feb. 19, 2018 - President's Day (No classes)
March 26 - 31, 2018 - Spring Break (No classes)
May 7 - 12, 2018 - Finals
May 12, 2018 - Spring Commencement

Treasure Valley Community College

November 10, 2017 -Veterans Day Observed
November 23-24, 2017 - Thanksgiving Observed
Dec. 4-8, 2017 Final Exam Week
Dec. 11-Jan. 5, 2017 - Winter Break
Jan. 8, 2018 - Winter Term Begin
Jan. 15, 2018 - Dr. Martin Luther King Jr. Day (No classes)
Feb. 19, 2018 - President's Day (No classes)
March 26 - 30, 2018 - Spring Break (No classes)
April 2, 2018 - Spring Term Begins

VUB CONTACT INFORMATION

PHONE: (208) 426-3632
E-MAIL: vub@boisestate.edu

FAX: (208) 426-1849
WEBSITE: education.boisestate.edu/vub
Apply now it’s easy!
In Honor of Our Veterans...

Events at Boise State During Veterans Day Celebration 2017

All events are free to the public, with free parking provided for the Veterans Day Celebration in the Lincoln Avenue Parking Garage.

DAILY, NOVEMBER 6-10 - Quad
11:00 am – 1:00 pm
Flag Placement
By active duty military, veterans and family members

MONDAY, NOVEMBER 6 - Quad
11:00 am – 1:00 pm
Get to Know Your US Marines

9:00 am – 2:00 pm
Blood Drive
Student Union, Farnsworth

TUESDAY, NOVEMBER 7 - Quad
11:00 am – 1:00 pm
Get to Know Your US Army

WEDNESDAY, NOVEMBER 8 - Quad
11:00 am – 1:00 pm
Get to Know Your US Air Force
Veterans Faculty and Staff appreciation lunch
Free for faculty and staff veterans; guests $15
Student Union, Jordan ABC Ballroom

THURSDAY, NOVEMBER 9 - Quad
9:00 am – 3:00 pm
Veterans Career Fair
Student Union, Jordan ABC Ballroom
11:00 am – 1:00 pm
Get to Know Your US Navy

FRIDAY, NOVEMBER 10
11:00 am – 1:00 pm
VETERANS DAY CELEBRATION
Special Speaker: Mark Heilman, Director of Veterans Upward Bound
Student Union Building, Jordan D Ballroom

FRIDAY, NOVEMBER 10
9:00 am – 2:00 pm
RED Shirt Friday
(Remember Everyone Deployed)
Wear red to support our deployed military personnel.
VUB Quick Facts

For the 2016-2017 grant year, we served 125 veterans. Of those:

- 98 veterans have completed their VUB Education Plan and of those:
  - 73 veterans have enrolled in post-secondary education
  - 41 enrolled at BSU
  - 21 enrolled at CWI
  - 11 enrolled at other colleges

- 25 veterans are continuing in our program and are projected to enroll in post-secondary education next year.

For 2016-2017, VUB Served

- 16 Females
- 109 Males

Total Hours of Class per Week

Math = 20 hours
Writing = 3 hours (as needed)
Reading = 3 hours (as needed)
Computers = 3-6 hours (as needed)
Spanish = 3-6 hours (as needed)
Science = (as needed)
Open Tutor Time = By Appointment
TVCC = 3-6 hours
CWI = 4-6 hours

*Special workshops offered throughout the year.

Classes offered at VUB:
- Basic Math
- Beginning Algebra
- Reading
- Writing
- Beginning Computers
- Beginning Spanish
- Blackboard
- Special Topic Workshops

Online classes offered:
- Math

Veterans Upward Bound Staff

Mark Heilman
Program Director

Anita Lasher
Admin Asst.
Computer/Spanish Teacher

Frances Knight
Education Coordinator
Reading/Writing Teacher

Margaret Norris
Math Teacher / BSU

Megan Sheets
Math Teacher / BSU

Robert Keenan
Math Teacher / CWI

Seth Rosquist
Math Teacher / TVCC

Not Pictured: