Hello everyone and Happy Spring.

This time of year is graduation time for many vets attending schools in the Treasure Valley. It is very exciting to see vets graduating and we all can appreciate the hard work they have put in to achieve this milestone. We are very thankful to be part of their road to success. They have chosen to change their lives through education and we hope they are proud of their effort and accomplishments.

A recent study of veterans attending school under veteran’s education benefits indicated that a majority of them were first generation college students. They face unique challenges as first generation students but are demonstrating tremendous courage that will change their future and their family’s future.

In response to the large number of veterans returning to school and knowing they face many challenges, area schools have begun to enhance their veteran services on campus. They are offering programs that start before they arrive on campus and continue throughout their academic career. The goal of all these efforts by the schools is for vets to be successful.

In future issues we will highlight area schools efforts to support and serve veterans attending their schools.

As we always say; Education is life changing and we are excited to be part of that experience.

Thanks everybody for all you do serving veterans in our area. Your efforts are instrumental in their success.

Have a great spring and summer.

Mark Heilman

Veterans Upward Bound
1136 Euclid Ave
Boise ID 83706
Phone: (208) 426-3632
Fax: (208) 426-1849
Email: vub@boisestate.edu

VUB is a part of the Center for Multicultural and Educational Opportunities
http://education.boisestate.edu/multicultural/

Workshops at VUB
Be sure to attend our VUB Workshops. More information on time and dates will follow soon.

Apr: Library Workshop
May: Test Anxiety
Mar: Career Inventory

If you have any suggestions about information you would like to have covered in a workshop, please let me know. jostensaas@boisestate.edu

These workshops are for your benefit so it is important that we provide the information you need!
New VUB classes are starting!!!!!

Writing 100 (M/W 1:30-3:00)
- March
- April

Computers 100 (M/W or T/TH)
- March
- April

Science
- Call for information

Math 100 (M/W)
- March 12 (10:00-5:00)
- April 28 (10:00 - 5:00)
- June 16 (10:00-5:00)

Math 225 (M/W)
- April 28 (1:30-3:00) &
- July 14 (3:00-4:30)
- Oct 6

Math 100 at TVCC (T/TH)
- March
- April
- May

Literature 100
- Call for information

Spanish 100 (T/TH)
- March
- April

Aleks (online)
- Math

Veterans Upward Bound at Boise State

Veteran’s Procurement Conference - April 10, 2014 @ 8:30 - 3:00.

Jo's Book Nook: Recommended reads:
Mark’s Choice - Horse Soldiers by: Doug Stanton - An account of a small band of Special Forces soldiers who secretly entered Afghanistan following 9/11 and rode to war on horses against the Taliban.
Jo's Choice - Stitches by: Anne Lamott

We would love to know what you are reading so if you get a chance, email Jo with what you are reading: jostensaas@boisestate.edu

James Shepherd is a current VUB student and has been given the opportunity to raise a puppy and put the puppy into a service training program. Linda Kimura, our Math teacher, happened to be talking with James about his new puppy and come to find out it was Linda’s niece and husband who donated the puppy to James. What a small world it is, isn't it? We are very excited to meet Sadie, James’ new Goldendoodle.

"Boise VA Recreation Therapy"
The Recreation Therapy Program can assist you in your health and wellness through a variety of organized recreational and health related programs. Some of the programs are: Yoga, Ski week, Equine Program, Fly Tying, Swimming, & etc. For more information: 422-1000 X7974

CMEO 14/15 Scholarship. Contact us if you would like us to send you a scholarship application.

Hero to Hired – April 1st, 2014 9-3p.m. The Riverside Hotel

For more information: https://labor.idaho.gov/idahoevent/register.aspx?e=171
Meet Kary Goetz:

I retired from the US Coast Guard in 2009. My wife and I moved to Boise the same year and I started with Veterans Upward Bound the Spring / Summer 2010. I attended VUB classes and then enrolled at Boise State in the Fall of 2010.

While working full time for the National Park Service as a Contract Specialist, I attended BSU and graduated Cum Laude with a degree in History in the spring of 2013. I am now working for the National Park Service as a Seasonal Interpretative Park Ranger at Hagerman Fossil Beds National Monument and Minidoka National Historic Site. For more information about these places go to the following links:


Minidoka National Historic Site: http://www.nps.gov/miin/index.htm

Respectfully,
Kary Goetz

Congratulations to our past VUB students who have gone on to graduate and received their bachelor's degree at Boise State for 2011/2012 and 2012/2013:

Dwayne Patterson
Dennis O'Dell
George Nickel
Kary Goetz
William Anderson
Steve Downing

*If we have missed someone please contact us so that we can update our graduate list. We are so very proud of our graduates.
Veterans Upward Bound is very excited to announce that we are partnering with Treasure Valley Community College in Caldwell and will be offering VUB classes there as well. Linda Kimura, began teaching math classes in December 2015 and she is enjoying this new venture and venue. Linda’s classes are on Tuesdays and Thursdays and we will start offering English classes soon. Call VUB office for details. 208-426-3632

http://www.tvcc.cc/about/

VUB Mission

Veterans Upward Bound is a federally funded education grant providing free services to any veteran who qualifies for our program. http://education.boisestateu/vub

Our goal is to help veterans prepare for success in higher education. VUB provides academic instruction in math, English and basic computer skills. In addition we provide information/assistance with financial aid and admissions applications.

We serve veterans planning to attend community colleges, universities, technical schools, certificate programs, etc. Our goal is for the veteran to be successful in higher education, so our academic preparation can have a huge impact on eliminating the need for any remedial math or writing college classes. The next college enrollment will be the end of March for Treasure Valley Community College’s spring quarter and May/June for summer enrollment in College of Western Idaho and Boise State University. We look forward to serving you.

Jo

VWIP Grant Ends June 30, 2015

Information Provided by: Dave Howerton – Veterans Representative, Canyon County, Idaho Department of Labor

Do you need licensing, certifications, or training to advance in your job? Are you having trouble finding a job and / or need retraining so that you are more employable or promotable? The VWIP program might be for you!

The grant ends June 30, 2015 (meaning that all training needs to be completed by this day)….if interested in taking advantage of this program the time to apply is now!!

Contact Information: DaveHowerton@labor.idaho.gov
Dave Howerton
Canyon County Local Office
Idaho Department of Labor
4514 Thomas Jefferson St., Caldwell, ID 83605-5100
208-364-7781 ext. 3147

More Information can be found at:
### MARCH 2014

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Smart Degrees You Can Earn In Two Years

Believe it or not, you don’t have to spend four plus years in school to prepare to pursue a job with high-pay potential.

By: Jenifer Berry

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Degree #1: Associate’s Degree in Computer Science – “High-tech companies want knowledgeable, adaptable, and quick learners.”

Degree #2: Associate’s Degree in Paralegal Studies – “A paralegal can be a wonderful complement to a legal firm.”

Degree #3: Master’s in Health Care Administration – “A bachelor’s degree wouldn’t prepare you as well for the complexities of the health care industry.”

Degree #4: Associate’s Degree in Criminal Justice – “Being a police officer today versus 20 years ago.”

Degree #5: Associate’s Degree in Dental Hygiene – “From learning about the teeth, to how to recognize health issues in a person’s mouth.”

Degree #6: Associate’s Degree in Civil Engineering Technology – “If you look at our road systems in the U.S., they’re rapidly deteriorating.”

Degree #7: Master’s in Business Administration (MBA) – “MBAs are perfect for people looking for management positions down the road.”
Important Dates!!!

BOISE STATE UNIVERSITY

March 3 – Last date to drop with a W
March 14 – Recommended last date to submit 2013-2014 FAFSA
March 24-30 – Spring Vacation (University Offices Open)
May 9 – Classroom instruction ends
May 12-16 – Finals Begin
May 15 – Priority date for undergraduate, degree-seeking applicants to have all admission materials received by Admissions
May 17 – Commencement
May 26 – Memorial Day Holiday (no classes-University offices closed)
July 4 - Independence Day Holiday (no classes-University offices closed)

TREASURE VALLEY COMMUNITY COLLEGE

Registration for Spring 2014 Begins
Ready to register for the Spring term?
Mar 3
TVCC Foundation Scholarship Deadline
Get your application in by March 14 to apply for the TVCC Foundation Scholarship. Late applications will not be accepted.
Mar 14
Spring Vacation 2014
Classes will not be held from March 24 - 28.
Mar 24
Final Exam Week Winter 2014
Final exams will take place from March 17 - 21. No classes will be held during this time.
Mar 27
Spring Term Begins
Welcome back for classes! Spring term begins March 31.
Mar 31
Last day to register without instructor approval
April 1 is your last chance to register for classes without instructor approval for Spring Quarter.
Apr 1
Last day to receive a tuition refund
TVCC Closed from 3:00pm - 5:00pm due to the TVCC Student Success Summit.
Apr 17
Last Day to Drop Classes
Last Day to Drop Classes Without "W", Declare an Audit or Req
Last Day to Drop Classes
Last Day to Drop Classes Without "W", Declare an Audit or Request "S" or "U" grades
April 25
Registration for Fall 2014 Begins
Ready to register for the fall term
May 19

Veterans Upward Bound Staff

Mark Heilman – Program Director
Anita Lasher – Admin. Asst. Computer/Spanish Teacher
Margaret Norris – Math Teacher
Marybel Cortez – Work-study Student

Jo Stensaas – Education Coordinator
Reading/Writing Teacher
Linda Kimura – Math Teacher
VUB News

VUB Quick Facts

**Classes offered at VUB:**
- Basic Math
- Beginning Algebra
- Reading
- Writing
- Beginning Computers
- Beginning Spanish
- Special Topic Workshops

**Online classes include:**
- Math

**Total Hours of Class per Week**
- Math = 24 hours
- Writing = 3 hours
- Reading = 3 hours (as needed)
- Computers = 3-6 hours
- Spanish = 3 hours (as needed)
- Science = (as needed)
- CWI = 6 hours

*Special workshops offered throughout the year.

For the 2012-2013 grant year, we served 125 veterans. Of those:
- 80 veterans have completed their VUB Education Plan and of those:
  - 68 veterans have enrolled in post-secondary education
    - 40 enrolled at BSU
    - 21 enrolled at CWI
    - 7 enrolled at other colleges
    - **Coming Spring of 2014 - TVCC**
- 36 veterans are continuing in our program and are projected to enroll next year

For 2012-2013, VUB served
- 21 Females
- 104 Males

Ways of learning at VUB:
- Classroom instruction
- Online Aleks

Classes offered at VUB: