Hi, everybody!
Happy Fall. I always look forward to this time of year because school is starting, wonderful weather, beautiful colors, and of course: FOOTBALL! There has been much happening since last spring for Veterans on campus throughout the Treasure Valley. BSU and NNU both opened beautiful new lounges for Veterans. It is a wonderful development that will support Veterans and demonstrates both schools’ commitments to Veteran’s success. It is also an acknowledgment of the important role Veterans have in their schools. If you have an opportunity, I encourage you to stop in and visit the new lounges.

Our program has also been through significant changes. Two staff members, who had been with the program since we started in 2009, both retired this summer. Jo Stensaas and Linda Kimura gave so much to our program and the Vets we serve. Their energy, passion, and commitment to Vet’s success made a huge difference in many lives. We are appreciative of their work and their caring approach to serving Vets. We wish them a wonderful and busy retirement!

We have been very lucky to recruit new staff that brings much of the same energy and passion for education as Jo and Linda. Frances Knight is our new Education Coordinator. We were also able to hire two new, wonderful math teachers: Brian White in Boise and Seth Rosquist in Canyon County. We have more information about the new classes in this newsletter.

We have added evening math classes in Boise and more options in levels of math classes in Canyon County. We have more information about the new classes in this newsletter. It is wonderful to be involved in Veterans education at this time. We know it changes the lives of Vets attending school as well as the lives of those important people around them.

Thank you for all you do to help Veterans in our community and thank you all for letting Vets know we are here to serve them, free of charge, as they prepare to achieve their educational and career goals.

Mark Heilman
Project Director
Classes Offered at VUB @ BSU

Writing 100
Computers 100 (M/W or T/Th)
Science
Math 100
Math 225
Literature 100
Spanish 100 (M/W or T/Th)
Math 100/225 @ TVCC
Writing 100

ALEKS (online)
- Math at your specific level and time frame

Evening classes now offered. For times and dates, please contact us at: 208-426-3632

Veterans Upward Bound at Boise State

Vet’s Corner – Places to Go & People to Meet...

Library Hours at Boise State: Monday – Thursday 7 a.m. – midnight and Friday 7 a.m. – 7 p.m.
Saturday 10 a.m. – 7 p.m.
Summer, holiday & break hours vary. For more information visit: Library.boisestate.edu/about/hours.php
GET HELP FAST!
Test (208)546-9982
Call (208)426-3301
Chat at library.boisestate.edu in person.
Ellie Dworak
Associate Professor, Librarian
elliedwarak@boisestate.edu

Multidisciplinary Studies Degree:
Bachelor of Arts in Multidisciplinary Studies- The Bachelor of Arts in Multidisciplinary Studies (MDS) degree is an interdisciplinary degree designed for students who have started college but have yet to finish their bachelor’s degree. The MDS degree gives you the opportunity to use your existing college credits and create a customized curriculum to finish your bachelor’s degree. For more information contact: Rebecca Morgan, Admission Specialist -208-426-3721 mds@boisestate.edu

Fran’s Book Nook:
Recommended reads:

Fran’s Choice – The Last Lecture
By: Randy Pausch

Anita’s Choice – A Deadly Wandering
By: Matt Richtel
Meet the author on Campus, November 9.
Lecture is free to attend and open to the public.
A Tribute to Jo & Linda

Former VUB Staff: Jo Stensaas and Linda Kimura have worked with BSU’s Veterans Upward Bound from the beginning. Both added so much to the creation and stability of the program, and their legacy will always be a part of how VUB serves Veterans. Both retired this year, and we wish them well as they pursue the next part of their journey!

A Welcome to New and Continuing Staff:

Frances Knight joins the staff bringing with her 20+ years of experience in teaching and academic advising. As Education Coordinator, she helps VUB students with placement in coursework needed to become college ready. She also assists students with applications for federal student aid (FAFSA), college admissions, career planning, and class registration. She is currently working on a Blackboard Readiness Course that she plans to offer soon to VUB enrolled students. She is excited to be part of the VUB team and to “give back a small portion of what our veterans have given to me.” Frances plans to offer college readiness and writing workshops throughout the year.

New instructor, Brian White, is teaching math classes for VUB at the Boise location and is also a junior at BSU, pursuing math education. His background includes 6 ½ years in the USAF, and he has also worked as a math tutor at Treasure Valley Community College (TVCC). He is currently teaching three sections of math readiness courses, Basic, Pre-Algebra, and Algebra.

Seth Rosquist (Rosey) joins the VUB staff as the primary teacher at the TVCC Caldwell Center site. His background includes 10 years of tutoring math at the college level and has completed an AA degree with a mathematics emphasis. He also administers and operates the Virtual Math Lab for TVCC. Rosey is currently teaching three sections of math readiness courses.

Margaret Norris continues to teach math classes, also at the Boise location. Her background in math and engineering is a constant resource for students and new staff. She believes the most exciting part of her job is, “Empowering students to see that they can really do math.” Margaret teaches all four levels of math readiness coursework offered by the VUB program.

Anita Lasher, Office Manager, is in her 4th year at Veterans Upward Bound. She is a resource for students, staff, and anyone who walks through the door. Her history of VUB’s processes keeps the program running smoothly. She is currently teaching computer skills classes and also tutors Spanish, when requested.

Jordan Lopez is back with us this year and we are very lucky to have her again. She keeps us organized here at VUB. She is working on applying to the nursing program this year and she just got married over the summer.

Mr. & Mrs. Lopez

Margaret Norris

Seth (Rosey) Rosquist
NEW Classes are being formed and scheduled to begin in November. Contact Anita Lasher if you are interested in taking a class or simply need more information.

3 Simple Steps to Becoming a VUB Student:
- Meet with Mark Heilman (VUB Director)
- Take Compass Test and VUB placement assessments
- Meet with Frances Knight (Education Coordinator) to discuss academic goals, assessments, and to create a plan for post-secondary study

Intelligence: It’s not just I.Q.

There are many different kinds of “smart” just as there are multiple ways of being intelligent. Dr. Howard Gardner developed the theory of Multiple Intelligences and defined it as “…the ability to solve problems or to create products that are valued within one or more cultural settings.” As a new college student, you may not feel very “smart” or “intelligent,” especially if you didn’t score as high as you wanted to on the required assessment test (COMPASS). Recognizing and valuing your own personal intelligence, skills, and “smarts” are important steps toward developing the skills you haven’t used in a while and discovering new skills just waiting to blossom. Click on the link to take this quick survey and discover how intelligent you really are!

www.bgfl.org/multipleintelligences

Learning Styles
Everyone has unique ways that they learn. Some learn best by doing; others learn best by watching. Most people have two or more styles (multimodal) that work together to accomplish the goal of learning. According to the Barsch Learning Inventory, there are five common ways that most people learn. They are:
- Visual
- Auditory
- Tactile
- Kinesthetic
- Read-Write

Click on the link http://vark-learn.com/ and take a quick survey to see how you learn best. Strategies are provided to compliment your strong learning styles as well as strengthen the areas that are not as strong.
## Veterans Upward Bound in Motion

### NOVEMBER 2015

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Events at Boise State During Veterans Day Celebration 2015

- Vietnam War Display- from Nov 2nd including artifacts from the collection of Dr. David Walker (library lobby)
- Book Display- from Nov 5th including items donated by Vietnam War veteran Jim Barker (library lobby)
- Vietnam War Lecture – Nov 11th from 1:30 p.m. in the Frank church room of Special collections & Archives. Dr. Dr. Walker, (library 2nd floor)
- Friday, Nov 6 RED (Remember Everyone Deployed) Shirt Friday
- Daily, Nov 9-13 Art Exhibit- Veteran Services Center
- Monday, Nov 9 11:00 a.m. – 1:00 p.m. – Army on the Quad
- Tuesday, Nov 10 11:00 a.m. – 1:00 p.m. – Marines on the Quad
  - Veteran’s Legal Clinic – 2:00 – 4:00 p.m. @ Veterans Services
  - Speaker: Leroy Foresman, author of “Live Like a Leader 24/7
  - Student Union, Simplot Ballroom
- Wednesday, Nov 11 11:00 a.m. – 1:00 p.m. – Veterans Day Celebration
  - Speaker: Mischa Brady, Boise State Alumni, Wyakin Warrior, and commander of VFW Post 63 @ Steucke Center, Double R Ranch
  - 6:30 p.m.- Screening of the documentary “Bravo! Common Men, Uncommon Valor” followed by a panel discussion with veterans. @ Student Union Jordan Ballroom
- Thursday, Nov 12, 11:00 a.m. – 1:00 p.m. - Navy on the Quad
- Friday, Nov 13, 11:00 a.m. – 1:00 p.m. – Air Force on the Quad
Important Dates!!!

BOISE STATE UNIVERSITY

Dec. 19- Fall commencement
Dec. 19 to Jan. 10- Christmas Break (No classes)
Jan. 11- Courses begin
Jan. 18- Dr. Martin Luther King Jr. Day (No class)
Feb. 15- President's Day (No classes)
March 21 to 27- Spring Break (No classes)
May 2 to May 6- Finals week
May 7- Spring commencement

COLLEGE OF WESTERN IDAHO

Dec. 14 to Dec. 19- Finals Week
Dec. 21- Admission deadline for Spring 2016
Jan. 8- Last day to register for classes/Tuition and fees due
Jan. 11- Courses begin
Jan. 18- Dr. Martin Luther King Jr. Day (No classes)
Jan 25- Last day to apply for May 2015 graduation
Feb. 15- President's Day (No classes)
March 21 to 26- Spring Break (No classes)

Treasure Valley Comm. College

Dec. 7 to Dec. 11- Finals week
Dec. 14 to Jan. 1- Winter Break
Jan. 4- Winter term begins
Feb. 15- President’s Day
Feb. 29- Registration begins for Spring
March 14 to 18- Finals week
March 21 to 25- Spring Break
March 28- Spring term begins

Veterans Upward Bound Staff

| Mark Heilman – Program Director | Frances Ramirez Knight – Education Coordinator |
| Anita Lasher – Admin Asst. Computer/Spanish Teacher | Reading/Writing Teacher |
| Margaret Norris – Math Teacher | Brian White – Math Teacher |
| Jordan Lopez – Work-Study | Rosey Rosquist – Math Teacher |
For the 2014-2015 grant year, we served 125 veterans. Of those:
- 75 veterans have completed their VUB Education Plan and of those:
  - 63 veterans have enrolled in post-secondary education
    - 44 enrolled at BSU
    - 13 enrolled at CWI
    - 6 enrolled at other colleges
- 29 veterans are continuing in our program and are projected to enroll next year.

**Classes offered at VUB:**
- Basic math
- Beginning algebra
- Reading
- Writing
- Beginning computers
- Beginning Spanish
- Special topic workshops

**Online classes include:**
- Math
- English
- Science

**Total Hours of Class per Week**
- Math = 20 hours
- Writing = 3 hours
- Reading = 3 hours (as needed)
- Computers = 3-6 hours
- Spanish = 3 hours (as needed)
- Science = (as needed)
- Open Tutor Time = By Appt
- TVCC = 6 hours

*Special workshops offered throughout the year. Evening Times Offered!*