

BOISE STATE UNIVERSITY TRIO PRE-COLLEGE PROGRAMS

FIELD REVIEW—FALL 2006

Don't Panic; Supervise Your Teens Blog



**ParentSmart by Pat Olsen,
USA Weekend, May 19-21**

With the explosion among teens to personal Web page sites such

as MySpace (myspace.com), which has a reported 70 million-plus users, parents should know there's a safe way for your teen to use them. A primer:

- Warn about the dangers of predators. Sexual predators may be a threat if your child communicates with strangers, agrees to meet them or uses a webcam, says Parry Aftab, executive director of wiredsafety.org.
- Ask your teen if he has blog or personal Web page. Don't freak out if they say yes. Instead, ask to look at it tomorrow. This will give

them time to clean up the content.

- Nix suggestive photos, screen names and inappropriate language.
- Make sure teens know that what they post exists in cyberspace for anyone to see—forever. Prospective employers' now search applicants web pages.
- Check for alternate profiles of your child; try searching by name or e-mail address.

Other popular blog sites: livejournal.com, xanga.com, facebook.com, & webshots.com

Schedule of Events

November

- 10th—Eastern Oregon University Tour. Students will depart from Boise, Nampa & Caldwell to visit the campus of EOU in La Grande Oregon, returning home that same day. Contact your Educational Specialist for more information.
- 18th—Rake Up Boise. Have fun and help senior citizens and low income families in the community by participating in one of TRiO's largest service learning activities. Contact your Educational Specialist for more information.
- 30th—Nampa High School Financial Aid Night. A helpful and informative event where families will be assisted and guided through the FAFSA financial aid process. Nampa High School 7:00 p.m.

December

- 2nd—SAT Testing
- 4th—Melba Financial Aid Night. A helpful and informative event where families will be assisted and guided through the FAFSA financial aid process. Melba High School Library 6:30 p.m.
- 9th—ACT Testing
- 16th—TRiO BSU Basketball Night. Join fellow TRiO students and their families for dinner and a BSU basketball game. Tickets will be handed out at dinner beginning at 5:00 p.m. The game starts at 7:00 p.m. Contact your Educational Specialist for more information.
- 20th—SAT Testing Registration Deadline

Congratulations to the 2006 TRiO Senior Class for Earning

TIMBERLINE

Katie Allen Idaho Promise \$2,000
Rayvin Barclay Idaho Promise \$1,600
Adrienne Castor-Holliday Idaho Promise \$1,000
Joanna Doherty Idaho Promise \$3,600
Samantha Doherty Idaho Promise \$1,000, Match ID Promise \$1,000
Christina Duchek Idaho Promise \$1,000, LMoore Cunningham \$1,000.0, Benefactor \$2,500, U of Port \$2,500
Jacob Englehorn Idaho Promise \$1,000, Edmonds - Music \$5,000, WSU - Music \$6,000
Elise Englehorn Idaho Promise \$1,000
Andrew Gilbert University of Utah \$56,000
Courtney Guth Heber J. Grant \$3,600
Jeanette Hinton Idaho Promise \$1,000, U of I Achievement \$1,500, Idaho Academic \$1,500
Jessica Impastato Southwest Baptist \$2,000, Board of Trustees \$7,000, Volleyball \$5,000
Reneé Johnson Idaho Promise \$1,000
Trey Jones Idaho Promise \$1,000
Jennifer Kenny Idaho Promise \$1,000
Amber Marona Haugse-Cossey \$2,000, Lightfoot \$1,000
Angelina McCrary Idaho Promise \$1,000
William Myers NATA \$2,000, United Pipe \$1,000

Jacob Radil Idaho Promise \$1,000, ROTC BSU \$56,000
Sonia-Cristina Rebelo Idaho Promise \$1,000

SKYVIEW

Tyson Babcock Idaho Promise \$1,000
Michelle Cain Idaho Promise \$2,000
Breyanna Cupp Idaho Promise \$1,000, Matching U of I \$1,000
Krista Franklin Idaho Promise \$1,000
Courtney Harris Idaho Promise \$1,000
Jorge Lemus BSU - CAMP
Vanessa Lemus BSU - CAMP
Claudia Pacheco Lightfoot \$500
Carlos Rendon BYU - Hawaii \$2,000, Idaho Promise \$1,000
Amanda Rodriguez Idaho Promise \$1,000
Alisha Wells GFU Duke \$20,000, GFU Science \$8,000
Jocelyn Woods Idaho Promise \$1,000, Matching U of I \$1,000

CAPITAL

Charlie Allen Idaho Promise \$1,000
Jim Baker Idaho Promise \$1,000
Wes Boggan Idaho Promise \$1,000
Andrea Bridwell Idaho Promise \$1,000
Charles Buchanan Idaho Promise \$1,000
Shandy Carroll Idaho Promise \$1,000, Benefactor - BSU \$2,500
Matt Crosby Haugse-Cossey \$10,000, Lightfoot \$2,500, Pepsi \$500, Provost - Gonzaga \$9,000, Trustee Gonzaga \$12,000, Honors St. Mary's \$2,000, Whitman Achvmnt \$30,000, Dartmouth \$33,000

Tom Dahlen Idaho Promise \$1,000
Tuyen Do Idaho Promise \$1,000
Abbie Ford Speech & Debate \$2,000, Idaho Promise \$1,000, Academic U of I \$1,500

Lindsey George Idaho Promise \$1,000, Achievement U of I \$2,500, Academic U of I \$1,000
Jamie Gorringer Idaho Promise \$1,000
Brittany Hernandez Idaho Promise \$1,000
Rachel Hynes Lightfoot \$2,000, Haugse-Cossey \$2,500, BYU - Scholarship 1/2 Tuition, Idaho Promise \$1,000

Mirko Ivancic Idaho Promise \$1,000
Andrea Ivis Benefactor - BSU \$1,500, Idaho Promise \$1,000
Nicole Jekich Diversity U of I \$1,000, Achievement U of I \$2,500, Idaho Promise \$2,000
Camille Kalkman ISU Scholarship \$1,000, Utah State \$1,500

Natasha-Ann Knapp Idaho Promise \$1,000
Danielle Lavala Idaho Promise \$1,000
Jessica Lavala Idaho Promise \$1,000
Monica Lemons Idaho Promise \$2,000
Rogelio Lucatero Idaho Promise \$1,000
Natalie Manship Idaho Promise \$1,000, Academic Excellence \$724

Chelsea Martin Multicultural \$1,810, Idaho Promise \$1,000
Jessica Milanez Idaho Promise \$1,000
Bret Moulton Biological Sciences \$2,750, Presidential \$5,000, Idaho Promise \$1,000, Dean's ASU \$7,000, Bausch & Lomb \$10,000, Pepsi \$500

Deanna Nutter Idaho Promise \$1,000
Jessika Rogers Leadership Service \$8,000
Laura Soto Idaho Promise \$2,000
Heather Walbridge Taco Bell \$500
Marguesa Wilson Idaho Promise \$1,000
Felecia Wood Idaho Promise \$2,000

Hannah Young Soccer Scholarship \$20,000, Academic - Carroll \$7,000, Soccer SW Baptist Full Tuition, Leadership of U of I \$1,500, Pepsi \$500

MOUNTAIN COVE

Alli Brennan Idaho Promise \$1,000
Alex Kravstov UTI Scholarship
Elaynea Robinson Idaho Promise \$1,000
Svetlana Vasilchenko Idaho Promise \$1,000

IDAHO CITY

Jessica Allen Idaho Promise \$1,000, ISU Scholarship \$1,500, Idaho Promise \$1,000, Idaho City HS \$500, Penrod/Craig \$500, Pepsi \$500
Britney Baumhoff Idaho Promise \$1,000, Penrod/Craig \$500
Sarah Dellamater Kasiska Health/Science \$12,000, Idaho Promise \$1,000
Taryn Dye Idaho Promise \$1,000
Caleb Hamm Idaho Legislative \$250, Idaho Promise \$1,000, Manetta Memorial \$1,000
Felecia Hillyard U of I Presidential \$1,000, Idaho Promise \$1,000

Mandi Knight Idaho Promise \$1,000, ISU Match \$1,000

Tamara Miller AF/ROTC Utah St \$15,000, AF Academy \$50,000

Stephanie Sessions Idaho Promise \$1,000
Abby Wade Barbara Willis \$500, IC Community Club \$250, Idaho Promise \$1,000, Manette \$1,000, Idaho Promise \$1,000, Lightfoot \$2,000
Brittney White Idaho Promise \$1,000
Cyrilla Watson PEO \$400, Idaho Promise \$1,000

LaLania Woodstrom Embry-Riddle \$8250, U of N Dakota \$1,000, Idaho Promise \$1,000, BSU Dean's \$3,000, U of Arizona \$30,000

Gretchen Wydra Idaho Promise \$1,000, Alois-Marie Goldman \$1,200, Pepsi \$500, Coca-Cola \$500, Penrod/Craig \$500, Idaho Masonic \$500

BOISE HS

JaNeil Lange ISU Scholarship \$1,500
Ramiro Villafana Lightfoot \$2,000, CAMP \$2,800
Abdul-Hussain Abdul-Samad Idaho Promise \$1,000
Kimberly Baird U of I Achievement \$1,000, U of I Academic \$700, Idaho Promise \$1,000
Abigail Barker U of Hawaii WUE \$24,000, U of Arizona WUE \$32,000, U of Arizona \$16,000
John Broderick Blackburn College \$30,000, U of I Academic \$1,700, Idaho Promise \$1,000

Jason Burt Idaho Promise \$1,000
Ashley Casper-Carvalho Albertsons College \$64,000, Albertsons College \$8,000
Elysse Egerman U of Portland \$48,000, Linfield College \$36,000, Whitworth Legacy \$28,000, U of Oregon \$16,000, Idaho Promise \$1,000

Jessica Engelhardt Idaho Promise \$1,000
Brian Ferguson U of Denver \$48,000, U of Denver Art \$16,000, U of Denver Math \$6,000, CO School of Mines \$40,000, U of Washington \$20,000, U of Puget Sound \$32,000, U of Puget Sound \$16,000, U of Puget Sound-Art \$10,000

Megan Fonken Idaho Promise \$1,000
Sheila Francis U of Colorado \$15,000, Colorado State U \$20,000
Rosalie Green Idaho Promise \$1,000
Shea Hall Albertson's College \$20,000, Idaho Promise \$1,000

Erin Hardy U of the Pacific \$40,000, U of the Pacific \$10,000, Idaho Promise \$1,000
Karen Jarboe-Singletary McGill University \$20,000, Lewis & Clark \$52,000, Macalester Trustee \$12,000, Macalester National \$20,000, U of Oregon Deans \$16,000, Robert C. Byrd \$6,000

Alison Kavanagh Boise State \$4,500, Idaho Promise \$1,000
Anne Kilfoyle Dominican Univ. \$20,000, Santa Clara Univ. \$12,000, Santa Clara Univ. \$8,000, Santa Clara Univ. \$8,000

Mackenzie Larsen Idaho Promise \$1,000
Zhunshuai Li Idaho Promise \$1,000, Lightfoot \$6,000
Molly Manweiler U of Colorado \$15,000

More Than \$2 Million Dollars in Scholarships!

Samuel Murray N Arizona University \$26,400, N Arizona University \$20,000, U of Montana \$20,000, U of Montana WUE \$30,400

Larkin Odell Boise HS - Todd Hamilton Pierce Memorial \$4,800

Briana Orr N Arizona University \$22,000

Logan Osterman Idaho Promise \$1,000, U of I Alumni \$100

Maximilliam Poppler US Air Force Academy \$144,000

Katelyn Reading Idaho Promise \$1,000

Joseph Runyan Idaho Promise \$1,000

Stuffy Russell-Egbert U of Colorado \$15,000, Haugse-Cossey \$12,000, Lightfoot \$8,000, BHS Jeff Watson \$1,000, Western WA \$2,000, BSU-Capital Scholar \$1,000

Erin Sours U of Portland \$32,000, Montana State U \$30,000, U of Montana \$26,000

Kate Steckmest Evergreen State College \$3,000

Kamlynn Thomas Montana State U \$30,000, Montana State U \$8,000

Gracelynn Whyte Ballet Idaho \$500

Helen Williams Idaho Promise \$1,000

Alisa Zabel Haugse-Cossey \$16,000, Lightfoot \$6,000, Idaho Promise \$2,000, McDonalds \$1,000

MELBA

Hannah Nizam-Aldine Pepsi \$1,000, U of Oregon \$20,000, Western WA \$1,500

Samantha Booth Idaho Promise \$1,000

Brad Farner Wyoming Technical \$2,000, FFA Memorial \$800, SEMA Memorial \$2,000

Alex Gilmore Pepsi \$800, Idaho Promise \$1,000, Idaho Mining \$500, U of I Achievement \$1,500

Patrick Johnson Stevens Henager \$8,000, Nampa Assoc of Realtors \$1,000, Barkley Christian Impact Award \$10,000, FFA Memorial \$1,000

Antoinette Lane LCSC Leadership \$1,600, CSI Presidential \$2,000, Idaho Promise \$1,000

Gerardo Munguia Idaho State University \$2,400, Idaho Promise \$1,000

Brandi Novotny Idaho Promise \$1,000, CSI Presidential \$1,000

Teisha Purcell-Little ISU Freshman \$3,000, Idaho Promise \$1,000, ISU Promise Match \$1,000, Reiher L \$600, Nampa Realtors Association \$1,000, Pepsi \$1,000, U of I Achievement \$2,000, U of I Diversity \$500, Montana State U \$4,000, Lightfoot \$1,500, CSI Scholarship \$3,000

Charles Randall Shreiner's Athlete \$250, ISU \$1,000, Idaho Promise \$1,000, ISU Promise Match \$1,000, Matching Scholar \$1,750

Tiffany Waldholm ISU Freshman \$3,500, ISU Music \$14,000, Idaho Promise \$2,000, U of I Achievement \$2,000, U of I Academic \$1,500, Miles & Virginia Wilderhead \$800, Pepsi \$1,000

Sandra Zapata Idaho Promise \$1,000

HORSESHOE BEND

Amanda Brothers Pepsi \$1,750, Optimists \$400, US Marine Corp \$1,000, Idaho Promise \$1,000

Evan Dossey US Marine Corp \$150

Ashley Flake Pepsi \$1,750, US Marine Corp \$2,000, US Marine Corp \$750, PTA \$250

Flint Hames Mutual Imp. \$150

Matt Osorio Montana Tech \$39,076

Jordan Walker Penrod/Craig \$1,500, Idaho Promise \$2,000

Jessica Williams Horseshoe Bend \$200, Penrod/Craig \$500

WILDER

Ben Butler Andres Family \$250, Robert/Elaine Batt \$1,500, Wilder Rod & Gun \$1,000, Pepsi \$1,500, Silver City Masonic \$250, Idaho School Board \$500, Caldwell Rotary \$500

Luis Cortez Gates Scholarship \$96,000, Pepsi \$500, U of I Leadership \$500, Idaho Promise \$1,000

Ruri Cortez Robert & Elaine Batt \$1,500, Wyoming Technical \$500, Caldwell Rotary \$500

Miguel DeLa Rosa LCSC Camp \$16,000

Yolanda Ornelas Robert & Elaine Batt \$1,500, Wilder Rod & Gun \$1,000, Caldwell Odd Fellows \$500, Cinco de Mayo \$1,000

Sonya Ramirez Albertsons College \$5,000, Idaho Promise \$1,000, Pepsi \$500, Paul's Market \$300

Rusalva Soto LCSC Camp \$6,000, LCSC FRS \$250, LCSC IPS \$500, Pepsi \$1,500, Andres Family \$250, Doug Edwards \$500, Image De Idaho \$500, Cinco de Mayo \$1,000

CALDWELL HS

Nicole Acosta Idaho Promise \$1,000

Bonita Baré-Stover NNU Academic \$2,500, NNU Scholarship \$2,000, Idaho Promise \$1,000

William Bennett Albertsons College \$40,000, Idaho Promise \$1,000, Albertsons College \$2,000, Byrle C. Morse \$2,000, Albertsons College \$500, Caldwell Rotary Club \$500, U of I Presidential \$3,000

Jessica Betancourt Albertsons College \$45,000, PA State University \$2,250, Idaho Promise \$1,000

Lenneal Burger Paul's Market \$300, Idaho Promise \$1,000

Christopher Curtis Idaho Promise \$1,000

Florida Flores U of I CAMP \$3,944, U of I CAMP \$675, Lightfoot \$4,000

Alyssa Hymas ISU Laura Moore Cunningham \$3,000, TVCC Scholarship \$1,000, AVID

Dora Lara-Ortiz Albertsons College \$5,000, Byrle C. Morse \$2,000, Sacagawea Elementary \$300

Kimberly Miles Idaho Promise \$1,000

Crystal Palmer Science \$500

Aaron Wise CHS "Well Rounded" Student \$800-1000

Yolalia Yado Albertsons College \$20,000, Albertsons College \$20,000, Seattle University \$56,000

VALLIVUE HS

Austin Boyce Merit Award \$600

Andrea DeGuilio Idaho Promise \$1,000

Courtney Gaskell Lightfoot \$4,000, Soccer (EOU) \$2,500, Soccer (Albertsons College)

\$3,000, Soccer (NNU) \$3,000

Amie Goff Idaho Promise \$500

Amanda Holmes Albertsons College \$1,000, Albertsons College \$500, Wal-Mart \$1,000, Caldwell Kiwanis \$1,000, Idaho Promise \$1,000, Albertsons College \$30,000, Elks Most Valuable \$1,000, Lightfoot \$1,500

Nicholas Larez Western Undergraduate Exchange \$18,000

Kyra Mauney Idaho Academic \$1,400, Idaho Promise \$1,000

Daniel Ruesga Nahas Scholarship \$1,250, U of I CAMP \$4,615, U of I Diversity \$1,000, Idaho Promise \$1,000, U of I Achievement \$1,000, Access Grant \$1,500

Robert Seamount Idaho Promise \$1,000

Nicole Shipman NNU Academic \$4,000, NNU University \$3,400, Caldwell Police \$300, Lightfoot \$2,500

BORAH

Helen Aklilu ELL Rigor Student \$500

Mary Albl UNLV 50% Tuition, Idaho Promise \$1,000

Eric Banasiak Idaho Promise \$1,000, CSI Presidential

Jessica Clark Idaho Promise \$1,000

Claire Daniels Idaho Promise \$1,000

Aubrea Earls Idaho Promise \$1,000

Kasey Fagan Ida **Heidi Fingerson** Idaho Promise \$1,000, Burger King \$1,000, Lightfoot \$2,000, Pepsi \$1,000

Molly Hightower Idaho Promise \$1,000, Matching \$1,000, J. Richard Mooney \$3,000

Christopher Jensen Idaho Promise \$1,000

Jessica Jeppson Rose Ann Gordon \$2,000

Shamone Joseph Idaho Promise \$1,000

Brandyn Krotzer Idaho Promise \$1,000

Shawna Madden Idaho Promise \$1,000

Tina Masee Idaho Promise \$1,000

Corey Nease Idaho Academic \$1,000, U of I Achievement \$1,000, Idaho Promise \$1,000

Nancy Pham Biological Sciences \$1,000, Idaho Promise \$1,000, U of I Achievement \$1,000, Lightfoot \$2,500, Tzu Chi Foundation \$1,000

Katelin Phillips Idaho Promise \$1,000

Sophia Reyes Idaho Promise \$1,000

Brady Rupp Idaho Promise \$1,000

David Scholer Idaho Promise \$1,000

Alisher Siddikov Lightfoot \$3,000

Jamie Southmayd Idaho Promise \$1,000

Quinn Summers Idaho Promise \$1,000

George Turner Idaho Promise \$1,000

Brian Waybright Lightfoot \$1,000, WUE \$6,750, Foresters \$8,000

TOTAL SCHOLARSHIPS AWARDED TO TRIO STUDENTS \$2,552,894

Educational Talent Search California Summer Trip

California Summer College Tour was an amazing trip filled with six college visits, major league baseball, the beach, a trolley car, shopping and a wealth of information and opportunities. On Wednesday, August 16th, 20 students and three chaperones embarked on a Southwest Airline flight to sunny California to tour University of California Berkeley (Berkeley), St. Mary's College of California (Moraga), Diablo Valley College (Concord), San Francisco State University (San Francisco), Stanford University (Palo Alto), and California State University-East Bay (Hayward). Students and chaperones visited each campus and received information about requirements, majors and student life as well as enjoyed a meal in the dining commons.

While in California, students had an opportunity to attend an Oakland Athletics baseball game and played on the beach in San Francisco, watching local surfers rip through the waves. On Thursday evening, the group rode a street trolley care to downtown San Francisco and walked to Union

Square to see the sights of San Francisco's night life and entertainment center. Amongst all the excitement and fun, students were open to challenging their educational and personal goals. Several students commented about the possibility of attending colleges in California and speaking with their Educational Specialist about further opportunities to correspond with California Colleges and universities.

The trip was truly an awesome time, engaging students in thought and reflection as they considered their potential for making a difference in their family, community and ultimately themselves by attending college.

As always, thanks to the students and chaperones, it is because of you that the trip was a success.

Donnie Hale, California Trip Leader and ETS Educational Specialist

TRiO Student Association

The TRiO Student Association is a college organization based on Alumni or current TRiO program members. For example McNair, Student Success Program, and Educational Talent Search. For more information got to our Student Association website:

<http://education.boisestate.edu/trio/>

<http://clubs.boisestate.edu/details/clubDetails.cfm?ID=197>

TRiO Peer Tutors

Need a little extra help with your school work? Give one of TRiO's Peer Tutors a call. Many of them are willing to help students from schools other than their own. Call to schedule your **FREE** peer tutoring session (s) today.

School	Tutor	Grade	Contact	Subjects
Caldwell High School	Yesenia Dominguez	10th	455-4150	Math, Algebra II, English, Pre-AP English, Spanish, & History
Melba High School	Zach Aldine	12th	283-4377	Math through Calculus, Science-Chemistry, Anatomy, English, Speech, History, Computer, American & British Literature
	Kati Stirm	11th	495-2526	Math—Algebra 11, Science-Physical Science, English, Intro to Computers
Nampa High School	Rodolfo Jimenez	10th	442-1384	Physical Science
Vallivue High School	Esmeralda Jimenez	10th	697-8772	English, Spanish & Algebra I
	Shyla Maggard	11th	249-7750	Science: Biology, Earth Science, Math-Geometry, Algebra I & II, English
	Brittany Reece	12th	461-7091	English, Math through Algebra II, Earth Science, Biology & Chemistry

"Almost anything is easier to get into than out of."
Agnes Allen

The Way To Success

A young man left his village determined to find his way in life. After traveling many miles, he came to a fork in the road where he encountered the elderly sage of a neighboring village. "Tell me, old man, which road leads to success?"

The old man didn't say a word, but pointed down one of the roads. The young man took heed and headed down the road eagerly. But no sooner had he departed, he returned bruised and somewhat weary. "Maybe I misunderstood you, sire," said the young man. "I am seeking *success*." The old man nodded his head and pointed down the same road as before.

Again, the young man set off on his journey only to return, this time more battered than before. "I asked the way to *success*, you old fool! But that road is full of steep hills and jagged rocks that are impossible to climb. Look, I'm all bruised up and scarred. You don't know the path to success.

But the wise old man just sat there and continued to nod his head and point toward the road. "Success is that way," he said. "It's just *beyond* the hills, and the bruises and the pain."

Adapted from the Inspired Living Web site

Attention All Leaders

TRIO Pre-College Program is looking for you! We have started an Ambassador Program this year to help our students acquire leadership skills that they can list on college and scholarship applications. These students will work closely with the ETS Specialist at their schools to help in recruitment of new students and getting the word out about upcoming TRIO events. Students will also get the opportunity to speak at TRIO events and write for the TRIO newsletter. If you want to acquire leadership

skills, but haven't had the opportunity before, this is your program! Thanks to the following students who attended Ambassador orientation meetings in October:

Makayla Simmonds
Jackelyn Sandoval
David Conzalez
Kayleigh Caldwell
Rodolfo Jimenez
Esmeralda Ruesga
Jacob Flond
Janet Reusga
Sam Hernandez

Jessica Vanek
Matthew Bray
Heather Schaeffer
Lance Moore
Maryaah Jensen
Nann Gomez
Jamine Lomax
Zana Sijan
Zinnia Dagostino

Thanks also to those parents who joined us. If you would like to step into a leadership role within your school for the TRIO Program, please let your ETS Specialist know.



You will get a very nice shirt to wear to TRIO events! If you have any questions, please call Julie Netz, the Ambassador Program Coordinator, at 850-7566

St. Luke's Women's Fitness Celebration

Fifty One TRIO students volunteered to help at the 2006 Women's Fitness Celebration, below is a thank you note from Michele Larson, Volunteer Coordinator for the St. Luke's Women's Fitness Celebration.

September 29, 2006

Dear Celebration Volunteer,

Thank you for your hard work and dedication at the 14th annual St. Luke's Women's Fitness Celebration. Your time and support contributed to the Celebration reaching its goal of becoming the largest 5K race for women in the country! The Celebration staff greatly appreciates your efforts in making this event a success. We could not have done it without our dedicated volunteers!!

Celebration Saturday was a huge success with 12,500 women participants in the 5K race. The committed volunteers on race day not only helped us reach our goal, but also assisted in creating lasting memories for women of all ages and abilities. Your efforts in blocking off roads, serving food and beverages, setting up and tearing down, and so much more did not go unnoticed as thousands of women crossed the finish line with smiles on their face and a new sense of pride.

I invite you back to celebrate during the 2007 St. Luke's Women's Fitness Celebration, September 20th—22nd. Please help make our 15th year an unforgettable experience. Lets show the country why we are number one!

Michele Larson

Volunteer Coordinator

St. Luke's Women's Fitness Celebration

Boise State University TRiO Pre-College Programs

Educational Talent Search
Upward Bound

1910 University Drive
Boise, ID 83725-1770
Phone: 208-426-3572
Fax: 208-426-4334
110G106110

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BOISE, ID
PERMIT NO 170

We're on the web

<http://education.boisestate.edu/multicultural>

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Wilder High School
Parma Middle School
Horseshoe Bend High School

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Vallivue High School

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Capital High School

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School
Caldwell High School

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South Junior High
Idaho City High School

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Nampa High School

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Borah High School
Capital High School

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Mountain Cove High School
Timberline High School

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