

Curriculum Vitae

APRIL A. SCHOTTELKORB

Department of Counselor Education
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Rank Assistant Professor

Year Appointed 2008

Department Counselor Education

AREAS OF EXPERTISE

School Counseling Play Therapy Counselor Supervision Group Counseling

RESEARCH FOCUS

Impact of student counseling interventions and teacher consultations on student behavioral problems and the student-teacher relationship.

EDUCATION

- 2007 Ph.D. in Counselor Education University of North Texas, Denton, TX
Dissertation Title: Effectiveness of Child-Centered Play Therapy and Person-Centered Teacher Consultation on ADHD Behavioral Problems of Elementary School Children: A Single Case Design
- 2002 M.Ed. in School Counseling University of Montana, Missoula, MT
- 1999 B.A. in Psychology Willamette University, Salem, OR

CREDENTIALS

- 2008** Licensed Professional Counselor, Texas
2008 National Certified Counselor
2002 Montana Certified School Counselor – Class Six Specialist in Guidance and Counseling, K-12

PROFESSIONAL POSITIONS

- Fall 2008* **Assistant Professor of Counselor Education**, Boise State University
- Summer 2008* **Adjunct Faculty**, University of North Texas
- Taught COUN 5660: Advanced Counseling Skills
 - Taught COUN 5721: Internship in Counseling II
- Spring 2008* **Adjunct Faculty**, University of North Texas
- Taught COUN 5740: Group Counseling
 - Taught COUN 5660: Advanced Counseling Skills
- Summer 2006-
Fall 2007* **Assistant Director of Clinical Services**, Child and Family Resource Clinic, University of North Texas
- Taught master's interns weekly internship class
 - Supervised all master's interns and one doctoral student in triadic or individual sessions one hour/week
 - Responsible for placing incoming clients with counselors and assist all interns and current clients with their concerns
 - Trained student workers in babysitting child clients and facilitated monthly meeting with student workers
- Fall 2005* **Group Counselor**, Texas Women's University
Denton, TX
- Led process group for master's counseling students.
- Summer 2004-
Summer 2005* **Graduate Assistant**, Center for Play Therapy
University of North Texas
- Supervised master's and doctoral students providing play therapy at Counseling and Human Development Center
 - Assisted with preparations for three conferences held at UNT: Summer Institute, and two fall conferences
 - Responsible for sales of counseling merchandise at CPT's conferences, as well as sales at these conferences: Association for Play Therapy and Texas Association for Play Therapy
 - Provided play therapy for students in Denton schools
- Fall 2002-
Spring 2004* **School Counselor**
Libby Public Schools, Libby, MT
- Full time school counselor at several elementary and middle schools (Head Start-grade 8)
 - Provided individual and group counseling
 - Taught weekly classroom guidance lessons
 - Implemented peer mediation program and co-lead student leadership group at middle school

- Wrote articles for parent newsletters and presented to staff on mental health issues
- Assisted with elementary mentorship program, standardized testing, the ADHD assessment team
- Provided formal and informal observations of students
- Facilitated elementary level Montana Behavioral Initiative committee
- Implemented yoga program for Pre-K and Kindergarten students
- Provided teacher/parent consultations

*Fall 2001-
Spring 2002*

School Counselor

DeSmet School, Missoula, MT

- Part time school counselor at K-8 school
- Provided individual and small group counseling
- Taught classroom guidance lessons
- Responsible for standardized testing and registration of 8th grade students for high school
- Conducted observations of students and provided teacher/parent consultations
- Led staff meetings and professional development of staff
- Assisted with implementation of family center

Summer 2000

Youth Care Worker

AWARE Group Home, Kalispell, MT

- Worked with eight boys, ages 7-16, in a school-based mental health summer program
- Responsible for planning and implementing educational and therapeutic components
- Responsible for writing daily SOAP notes for all youth

June 2000

Volunteer Camp Counselor

Kids' Camp, Kalispell, MT

- Assisted eighth grade campers in developing leadership skills and discussing pressures they have experienced in school

Spring 2000

Child Find Volunteer

Missoula, MT

- Evaluated 3-5 year old children in fine and gross motor skills and cognitive development

Spring 1999

Consultant

First Step to Success program, Salem, OR

- Worked one-on-one with a first grade boy identified as having various antisocial behavioral difficulties
- Assisted classroom teacher with classroom management

- Taught parenting skills once/week with student's mother

Summer 1998

Youth Care Worker

AWARE Group Home, Kalispell, MT

- Worked at two group homes with boys ages 11-17
- Responsible for helping with daily needs of boys, taking notes, and assisting with group sessions

TEACHING EXPERIENCE

Fall 2008

Assistant Professor, Boise State University

COUN 501: Foundations of Counseling

COUN 514: Counseling Practicum I

Summer 2008

Adjunct Faculty, University of North Texas

COUN 5660: Advanced Counseling Skills

COUN 5721: Internship in Counseling II

Spring 2008

Adjunct Faculty, University of North Texas

COUN 5740: Group Counseling

COUN 5660: Advanced Counseling Skills

Spring 2007

Co-Instructor

COUN 5770: Guidance and Counseling in the Elementary Schools,

University of North Texas

- Received ratings of 5.72 out of 6.0 (scale of 1-poor, 6-excellent). Department average for same semester was 5.61 out of 6.0.
- Responsible for co-teaching weekly master's level elementary school counseling course
- Developed syllabus, instructed three-quarters of course, evaluated student performance

Spring 2007

Teaching Assistant, COUN 5600: Filial Therapy

- Facilitated small group skills instruction
- Supervised videotaped sessions
- Evaluated student performance

Fall 2006-

Fall 2007

Master's Internship Co-Instructor

Child and Family Resource Clinic, University of North Texas

- Responsible for teaching weekly internship class for all master's interns at counseling clinic.
- Developed syllabus, instructed nearly 100% of course, evaluated student performance

Fall 2006

Teaching Assistant, COUN 5640: Group Play Therapy

- Facilitated small group skills instruction

- Supervised videotaped sessions
- Evaluated student performance

Fall 2006

Guest Lecturer

COUN 2610: Principles of Counseling I, University of North Texas

- Asked to speak about my school counseling experience to undergraduate students interested in careers in counseling

Spring 2005

Co-Instructor

COUN 2600: Therapeutic Play, UNT

- Assisted instructor in teaching undergraduate students about play therapy
- Helped supervise students as they practiced counseling skills

Guest Lecturer

COUN 5770 Guidance and Counseling in the Elementary School, UNT

- Spoke with master's students about my experience as school counselor in Montana

Fall 2005

Teaching Assistant, COUN 5640: Group Play Therapy

- Facilitated small group skills instruction
- Supervised videotaped sessions
- Evaluated student performance

Fall 2004

Guest Lecturer

COUN 5700 Introduction to Play Therapy, UNT

- Facilitated instruction for Dr. Landreth's class while he was absent.

Summer 2003

Kindergarten Teacher

Libby Public Schools, Libby, Montana

- Taught reading and math to Kindergarten students in a summer school program.

RESEARCH EXPERIENCE

*Summer 2006-
Spring 2007*

Research Coordinator

Denton, TX

- Organized single-case design research in two elementary schools for students with attention difficulties
- Provided behavioral observations of students involved in study three times/week, collected teacher/parent assessments, provided teacher consultations
- Analyzed research and wrote up results

Research Assistant

Denton, TX

Project: Ray, D., Schottelkorb, A., Tsai, M. (2007). Play therapy with children exhibiting symptoms of attention deficit hyperactivity disorder. *International Journal of Play Therapy, 16*(2). 95-111.

- Responsible for ensuring the intervention protocol, collecting data, and providing research intervention.
- Assisted in writing literature review.

Fall 2005-
Spring 2006

Research Coordinator

Denton, TX

Project: Ray, D. (2007). Two counseling interventions to reduce teacher-child relationship stress. *Professional School Counseling, 10*, 428-440.

- Assisted in quantitative research study examining effectiveness of child-centered play therapy and teacher consultation with 100 elementary school students and their teachers at 4 schools
- Helped primary investigator randomly assign students and teachers to one of three groups examined in study (play therapy alone, play therapy and teacher consultation, teacher consultation alone)
- Collected teacher assessments at four points of measure over the course of the school year, coordinate sessions with the school counselors, therapists, and teachers involved at all four schools
- Responsible for setting up the play therapy rooms and installing video equipment at all schools

Research Assistant

Denton, TX

Project: Muro, J., Ray, D., Schottelkorb, A., Smith, M., & Blanco, P. (2006). Quantitative analysis of long-term play therapy. *International Journal of Play Therapy, 15*, 35-58.

- Provided research intervention
- Assisted in analyzing and writing results and discussion

Research Assistant

Denton, TX

Project: Ray, D., Hensen, R., Schottelkorb, A., Brown, A., & Muro, J. (in press). Impact of short-term and long-term play therapy services on teacher-child relationship stress. *Psychology in the Schools*.

- Assisted in design, implementation of intervention, analyzing results, and writing literature review

Spring 2005-
Spring 2006

Research Assistant

Denton, TX

Project: Bratton, S. & Sheely, A. Investigating the efficacy of culturally-responsive play therapy with at-risk primary school-aged Black American children.

- Assisted in pilot study research examining the effectiveness of play therapy with African American students in a Head Start school.
- Provided counseling, teacher and parent consultations, and collected pre/post assessments.

Summer 2005

Research Assistant

Child and Family Resource Clinic, University of North Texas

Project: Ray, D. (2008). Impact of play therapy on parent-child relationship stress in a mental health clinic setting. *British Journal of Guidance and Counseling*.

- Assisted in quantitative study examining the effectiveness of child-centered play therapy
- Examined all files at both counseling clinics at the University of North Texas. Collected all testing and demographic data from the files that qualified as receiving play therapy services.

*Fall 2004-
Spring 2005*

Research Assistant

Denton, TX

Project: Garza, Y. & Bratton, S. (2005). Effects of culturally-responsive child-centered play therapy compared to curriculum-based small group counseling with elementary-age Hispanic children referred for behavioral problems: A preliminary study. *International Journal of Play Therapy*, 14 (1), 51-80.

- Assisted dissertation study examining effectiveness of play therapy with Hispanic students.
- Provided counseling and parent/teacher consultations for Hispanic students

CLINICAL EXPERIENCE

*Fall 2005-
Fall 2007*

Counselor and Consultant

Denton Independent School District, Denton, TX

- Provided individual counseling for students and parent/teacher consultations

*Summer 2006-
Summer 2008*

Counselor

Child and Family Resource Clinic, Denton, TX

- Provide group counseling for adults, parents, pre-adolescents, and children
- Provide individual counseling for adults and children
- Provide approximately 6 hours of counseling/week

*Summer 2005-
Spring 2006*

Counselor

Doctoral internship, Child and Family Resource Clinic, UNT

- Provided approximately 10 hours of direct counseling/assessment services/week in clinic and school settings

- Filial therapy, activity therapy, individual adult, play therapy, master's level and undergraduate group therapy, parent/teacher consultations
- Part of assessment team for which qualified as LPC-Intern to administer and interpret the following instruments:

Wechsler Intelligence Scale for Children – IV
 Learning Efficiency Test – III
 Child Behavior Checklist
 Parenting Stress Index
 Piers-Harris Children's Self-Concept Scale
 Kinetic Family Drawing/Kinetic School Drawing
 Beery VMI
 Revised Manifest Anxiety Scale
 Children's Depression Inventory
 Conner's Rating Scale
 Piers Harris Self-Concept Scale

- As part of assessment team, conducted parent interviews, provided parent feedback, and wrote reports

*Fall 2004-
Spring 2005*

Counselor

Doctoral practicum, Counseling and Human Development Center, UNT

- Provided approximately 6 hours of direct counseling services/week at clinic and elementary school setting
- Play therapy, individual adult, family therapy, couples therapy, parent/teacher consultations

Fall 2001

Counselor

School Counseling Individual and Group Practicum, DeSmet School, Missoula, MT

- Provided individual counseling of three students
- Provided group counseling for sixth grade female students

Fall 2000

Counselor

School Counseling Practicum, Missoula, MT

- Provided individual counseling of two eighth grade students

*Fall 2000-
Spring 2001*

School Counselor

Master's counseling internship, Missoula, MT

- Provided school counseling services to two schools in Missoula, MT
- Paid school counseling internship at DeSmet School, a K-8 school (413 hours)
- School counseling internship at Hellgate Elementary School, a K-2 school (216 hours)

SUPERVISION EXPERIENCE

- Summer 2008* **Supervisor**
 COUN 5690: Master's Practicum in Counseling
- Provided weekly triadic supervision for master's practicum class (total of 4 students)
- Spring 2008* **Supervisor**
 COUN 6022: Advanced Practicum in Counseling II
- Provided weekly triadic supervision for first year doctoral counseling students (9 students)
- Fall 2007* **Supervisor**
 COUN 6021: Advanced Practicum in Counseling I, COUN 5690: Master's Practicum in Counseling
- Provide weekly triadic supervision for beginning doctoral students (total of 10 students)
 - Provide weekly individual and triadic supervision for two master's practicum courses (total of 7 students)
 - Received ratings of 6.64 out of 7.0 by supervisees (scale of 1-poor, 7-excellent).
- Summer 2006-
Fall 2007* **Supervisor**
 Child and Family Resource Clinic
- Provided weekly supervision for all master's interns and one doctoral intern (total of 21 students)
- Summer 2007* **Supervisor**
 COUN 5600: Filial Therapy
- Provided weekly supervision for 4 master's students in filial therapy course
- Summer 2006* **Supervisor**
 COUN 5690: Master's Practicum in Counseling
- Provided weekly triadic supervision for 8 master's students for two master's practicum courses
- Fall 2005,
Summer/Fall 2006* **Supervisor**
 COUN 5640: Group Play Therapy
- Provided triadic supervision for group play/activity class (over three semesters, supervised 9 master's students)
- Fall 2005,
Summer 2006* **Supervisor**
 COUN 5700: Introduction to Play Therapy
- Provided micropracticum supervision during clinical component of class at three different times

SCHOLARSHIP

EDITORSHIPS

*Summer 2007-
Present*

Editorial Board

Journal for Graduate Student Scholarship in Counseling

PUBLICATIONS

Muro, J., Ray, D., Schottelkorb, A., Smith, M., Blanco, P. (2006). Quantitative analysis of long-term child-centered play therapy. *International Journal of Play Therapy, 15*(2), 35-58.

Helker, W., Schottelkorb, A., & Ray, D. (2007). Helping students and teachers CONNECT: An intervention model for school counselors. *Journal of Professional Counseling, 35*(2), 31-45.

Ray, D., Schottelkorb, A., & Tsai, M. (2007). Play therapy with children exhibiting symptoms of Attention Deficit Hyperactivity Disorder. *International Journal of Play Therapy, 16*(2), 95-111.

Ray, D., & Schottelkorb, A. (2009). Practical person-centered theory application in the schools. In A. Vernon & T. Kottman (Eds.). *Counseling Theories: Practical Applications with Children and Adolescents in School Settings*. Denver, CO: Love.

In press:

Ray, D., Hensen, R., Schottelkorb, A., Brown, A., & Muro, J. (in press). Impact of short and long-term play therapy services on teacher-child relationship stress. *Psychology in the Schools*.

In review:

Ray, D., Schottelkorb, A., & Brown, A. (in review). Single case design in child counseling research: Methodology defined. Submitted to *Counselor Education and Supervision*.

In progress:

Schottelkorb, A & Ray, D. (in progress). Using counseling and consultation to decrease ADHD behavioral problems in elementary students: A single case design.

Schottelkorb, A. (in progress). Effectiveness of child-centered play therapy and person-centered teacher consultation on the ADHD behavioral problems of elementary school children: A single case design. In J. Baggerly (Ed.). *Effective Play Therapy: Evidence-Based Filial and Child-Centered Research Studies*. Hoboken, NJ: John Wiley & Sons.

PROFESSIONAL PRESENTATIONS

- Schottelkorb, A. & Swan, K. (2008). *Helping child counselors advocate for children: The CONNECT teacher consultation model*. Rocky Mountain Association for Counselor Education and Supervision Conference, October, (refereed).
- Swan, K. & Schottelkorb, A. (2008). *Social class and classism in counseling: Broadening multicultural competency through awareness*. Rocky Mountain Association for Counselor Education and Supervision Conference, October (refereed).
- Ray, D., Schottelkorb, A., & Brown, A. (2008). *Even play therapists can do research: Single case design in play therapy*. 25th Annual Association for Play Therapy International Conference, October, (refereed).
- Ray, D., Brown, A., & Schottelkorb, A. (2008). *Single case design techniques for the play therapy practitioner*. Texas Association for Play Therapy Annual Conference, April (refereed).
- Ray, D., Schottelkorb, A., & Brown, A. (2007). *Year/Week/Day at a glance: How to make the elementary school counseling schedule work*. 51st Annual Professional Growth Conference, November (refereed).
- Ray, D., Brown, A., & Schottelkorb, A. (2007). *Creating a new world: Sand tray counseling in the schools*. 51st Annual Professional Growth Conference, November (refereed).
- Ray, D., Schottelkorb, A., Brown, A., & Blanco, P. (2007). *Advocacy for children: Using teacher consultation to expand understanding*. Annual Association for Counselor Education and Supervision Conference, October (refereed).
- Ray, D., Brown, A., Schottelkorb, A., & Blanco, P. (2007). *The role of parent consultation in child therapy*. Annual Association for Counselor Education and Supervision Conference, October (refereed).
- Ray, D., Schottelkorb, A., Brown, A., Ogawa, Y., & Blanco, P. (2007). *Child-centered play therapy: Dealing with the hard stuff*. 24th Annual Association for Play Therapy International Conference, October, (refereed).
- Ray, D., Muro, J., & Schottelkorb, A. (2006). *Play therapy impact on children's relationships stress with parents and teachers*. 23rd Annual Association for Play Therapy International Conference, October, (refereed).
- Schottelkorb, A., & Brown, A. (2006). *Helping grow effective counselors: Creative approaches in supervision*. Rocky Mountain Association for Counselor Education and Supervision Conference, September, (refereed).
- Ogawa, Y., Schottelkorb, A., & Shojaian, G. (2005). *Let's play together: Creative*

approaches in working with families. 49th Annual Texas Counseling Association Conference, November, (refereed).

McClung, T., Ogawa, Y., & Schottelkorb, A. (2005). *Relationship ethics: What all play therapists need to know.* Texas Association for Play Therapy Annual Conference, April, (refereed).

Bratton, S., Morrison, M., Ogawa, Y., Schottelkorb, A., & Sheely, A. (2005). *A kaleidoscope of creative family play therapy activities.* Creative Counseling Conference, February, (refereed).

PROFESSIONAL INVOLVEMENT AND SERVICE

SERVICE

National Level

- *Association for Play Therapy*
2007 – Present Member of Research Committee
- *Association for Play Therapy*
2007 – Present Member of Key Awards Committee
- *Association for Counselor Education and Supervision*
October 2007 Volunteer at annual conference
- *Association for Play Therapy*
October 2005 Volunteer at annual conference

State Level

- *Texas Counseling Association*
2007-Present Member of Publications Committee

Program Level

- Chi Sigma Iota President-Elect, President, and Past President
2004-2007 Rho Kappa Chapter, University of North Texas
- **Spring 2007**, Assisted in group interview for master's admissions
- **August 2006**, Led doctoral orientation for new doctoral cohort
- **Summer 2006**, Assisted in group interview for master's admissions

MEMBERSHIPS

- **2006-Present** Member of Association for Counselor Education and Supervision
- **2006-Present** Member of Rocky Mountain ACES
- **2006-Present** Member of Texas Counseling Association
- **2006-Present** Member of Texas Association for Counselor Education and Supervision
- **2004-Present** Member of Chi Sigma Iota-Rho Kappa Chapter

- **2001-Present** Member of Association for Play Therapy
- **2001-Present** Member of American School Counselor Association
- **2000-Present** Member of American Counseling Association
- **1998-1999** Member of Psi Chi

HONORS AND AWARDS

- **2007** American Counseling Association Ross Trust Graduate Scholarship
- **2005** Joseph Lillian Ethridge Scholarship
- **2004-2005** Toulouse Graduate School Doctoral Scholarship Recipient
- **2004** Center for Play Therapy Scholarship